**GOLDEN DRAGON TAEKWONDO**

**Contact: 918-841-1502 or contactowasso@goldendragontkd.com**

**Application for Promotion to**

**BLUE STRIPE BELT**

Test Date: TEST\_DATE Test Time: Due Date: DUE\_DATE Testing Fee: $70

Name: STUDENT\_NAME Student Number: ID Age: STUDENT\_AGE

**APPLICANTS PLEASE ANSWER (SEE NEXT PAGE FOR ADDITIONAL QUESTIONS)**

* What do you enjoy most about Taekwondo?
* What do you find most challenging about Taekwondo?
* What is your goal in Taekwondo?

**For Parents Only**

* What areas of progress or challenge has your child experienced during this test period?

**Black Belt Philosophy Exam:**

**GOAL SETTING**

**Teaching Success Skills for Life!**

**Children ages 4-7: Please choose the word that best describes the main character's actions. Parent assistance and discussion is encouraged.**

1. Suzy Sidekick wants to be a black belt. She has decided that to do this she will need to train two times per week for three years or even more. She always works hard in class, focusing and doing her best.

**Working towards her goal / Not working towards her goal**

2. Frankie Front kick comes to Taekwondo class only once a week. He doesn't practice his form and missed the last two green belt tests.

**Working towards his goal / Not working towards his goal**

3. Robbie Roundhouse kick wants to be a fireman when he grows up. He asked his father to take him to the library so he could read some books about firemen.

**Working towards his goal / Not working towards his goal**

**Children ages 8-12: Parent assistance and discussion is encouraged. Please answer in the space below.**

1. Name a specific Taekwondo goal you are working on.

2. What is your plan to achieve that goal?

3. Why is achieving this goal important to you?

**Teens and Adults: Please answer in the space below.**

1. Which of your goals in Taekwondo have you already achieved?

2. Which goal are you currently working on?

3. What outside goals has Taekwondo helped you to achieve?

**Testing is a showcase of your abilities and a celebration of your accomplishments.**

**Friends and family are warmly invited to be our guests!**